

soma health club prices

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How to get to Soma Health Club by Bus Click on a route and see step by step directions on a map, line arrival times and updated line schedules. This gym is amazing. Premium Offerings Personal Training learn more. We use the latest and greatest technology available to provide the best possible web experience. These Subway lines stop near Soma Health Club: Danielle Dionne Thomas Circle Crossfit. Participants will utilize barbell complexes for strength gains interspersed with body weight intervals. So many machines, classes, space and freebies. Which Bus lines stop near Soma Health Club? Add this badge to your website. Naomi Osborne Capitol Hill. How to get to Soma Health Club by Train Click on a route and see step by step directions on a map, line arrival times and updated line schedules. Some days it feels like a personal gym because it gets so empty, I truly love it. Log In Sign Up. Plus use our free tools to find new customers. Premium Offerings Cross fit learn more. Mike Blow Glover Park Crossfit. Bus stations closest to Soma Health Club in Bronx.Soma Health Club was founded to offer its members every amenity the fitness world has to offer. The Soma difference is felt the very moment you enter into the sophisticated space inhabited by this premier independent health club. Soma's diligent and highly trained staff is at the ready to provide you with the support you. I have been a member for almost 6 months now. The staff is very friendly, including the front desk girl and trainers! The classes are great as well (spinning and HIIT are the only ones I've been to and both kick your butt)! Very clean facility and well priced gym! My only wish is that they had more classes at different times - most. The gym floor features a variety of cardio and strength equipment; group classes such as yoga, body sculpt, and kickboxing. Phone: () , Hours Today: am - pm, Membership Fee: \$, Initiation Fee: \$ See Address & Reviews. Phone: () , Hours Today: am - pm, Gym Session: \$, Membership Fee: \$, Initiation Fee: \$ See Address & Reviews. Soma Health Club BRONX, Bronx, NY. likes 16 talking about this were here. As a member of Soma Health Club, you'll be treated to the finest. At Soma Williamsburg, we pride ourselves on customer service, a state of the art facility and a positive supportive atmosphere. We have an effective workout for every fitness level, personal training, group workouts and a tremendous mix of activity and amenity options. We keep it fun. Oct 8, - But the membership picked up pretty fast because the south side was so neglected by full-service gyms. On opening day, Harrison estimated that close to people joined Soma. The club has been growing ever since, and has reached about 2, in memberships. Soma was derived from the Greek. Read 4 tips and reviews from visitors about classes. "This gym is amazing. So many machines, classes, space and freebies. Some days it feels like ". Oct 11, - If you're looking for a more affordable gym option, or simply refuse to contribute (more than you already do) to the rapid demise of Williamsburg hipster-dom, consider these alternate Pricing: Soma is slightly less expensive than Chalk and may be a more convenient option if you live closer to the JMZ train.