

wellbutrin xl for seasonal affective disorder

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Review authors recommend that future studies should directly compare antidepressants versus other treatments such as light therapy, psychological therapies or other drugs to determine the best treatment for preventing winter depression. The prevalence of SAD ranges from 1. What questions does this review aim to answer? For adverse events, we planned to include non-randomised studies. However, bupropion XL leads to greater risk of headaches moderate-quality evidence, insomnia and nausea both low-quality evidence when compared with placebo. Why is this review important? We assessed 91 full-text papers for inclusion in the review, of which four publications on three RCTs providing data from people met eligibility criteria for this review. We searched databases up to August for studies on antidepressants given to prevent winter depression. Many people in northern latitudes suffer from winter blues, which occurs as a reaction to reduced sunlight. Clinicians need to discuss with patients advantages and disadvantages of preventive SGA treatment and might want to consider offering other potentially efficacious interventions, which might confer lower risk of adverse events. Of records, we found three randomised controlled studies including people who received bupropion extended-release only one of many available antidepressants, but the only one licensed for prevention of winter depression or placebo. Investigators also need to compare benefits and harms of pharmacological and non-pharmacological interventions. What should happen next? Nevertheless, even in a high-risk population, four of five patients will not benefit from preventive treatment with bupropion XL and will be at risk for harm. Data collection and analysis: Wellbutrin XL (bupropion): "Seasonal Affective Disorder really hit me hard once I turned I spent 2 winters completely and utterly miserable. I was extremely lethargic, depressed, gaining weight from inactivity, and just all around hopeless. After the second winter going through that hell, I said no more. I began treatment for. Oct 28, - Many of the same antidepressants used for non-seasonal depression are also used for SAD, including the selective serotonin re-uptake inhibitors (SSRIs) like sertraline (Zoloft) and fluoxetine (Prozac). Bupropion (also known as Wellbutrin) comes in an extended-release version, and is FDA-approved to. Feb 8, - In all honesty, research shows that with SAD, treatment effects using bupropion are relatively small compared to placebo. As found in three clinical efficacy trials with bupropion, the overall rate of patients depression-free at the end of treatment was 84% for those on taking Wellbutrin XL compared with 72%. Dec 11, - Lastly, another benefit of Wellbutrin is that it is on the FDA approved list for treating Major Depressive Disorder as well as Seasonal Affective Disorder (SAD). . If you were taking IR (immediate release) or XL (extended release) Wellbutrin you might discover that the symptoms from withdrawal are more. Jun 13, - The FDA yesterday approved GlaxoSmithKline's Wellbutrin XL (bupropion HCL extended release tablets) for prevention of major depressive episodes in patients with a history of seasonal affective disorder (SAD). Wellbutrin XL treats seasonal affective disorder in much the same way that it treats depression. The active ingredient in Wellbutrin XL corrects a che. Jun 13, - The U.S. Food and Drug Administration (FDA) has approved Wellbutrin XL(R) for the prevention of seasonal major depressive episodes in patients with a diagnosis of seasonal affective disorder (SAD), a condition affecting about 6 percent of American adults. Wellbutrin XL is the first and only medication. Dec 1, - In a given year, about 5 percent of the U.S. population experiences seasonal affective disorder, with symptoms present for about 40 percent of the year. severity of depressive symptoms One study showed that patients with a history of SAD who were randomized to take bupropion XL (Wellbutrin XL); I had my appointment with my prescriber this past week. She wants me to stay on the antidepressant for at least a full year, as this is my second depression. Oct 25, - Some people with SAD benefit from antidepressant treatment, especially if symptoms are severe. An extended-release version of the antidepressant bupropion (Wellbutrin XL, Aplenzin) may help prevent depressive episodes in people with a history of SAD. Other antidepressants also may commonly be.