

## bipolar disorder and xanax

That did not happen for the first time in twenty years of dealing with this disease. I do hate being dependent on a sleep aide and mood altering drug but I have to have it. Easy and I haven't relapsed in over 6 months. I don't feel the heavy or the worst of the side effects just get a little sleepy. To minimize withdrawal symptoms, the dosage should be tapered off slowly when discontinuing this drug more below. I went from one to the other and none of them really helped. For more information, see Xanax XR Oral. Try not to use everyday if you can help it. Used responsibly in this manner, it isn't habit-forming and I consider it an excellent drug. Join Date Jun Posts Feb 17, - A huge side effect of the disorder is not being able to sleep!! I tried ambien, lunesta, and found that restoril works the best. Xanax comes in handy for THOSE days that get you all stressed out. Hope that helps somewhat. I know a lot because I've probably been there at some point already, so ask anything you want. Xanax is the most frequently prescribed drug of the benzodiazepine class. It is a very powerful drug also known as alprazolam. It has anticonvulsant, anti-anxiety and sedative effects. Generally, it is used to treat panic and anxiety disorder and various phobias. Bipolar disorder and Xanax: Bipolar disorder is a brain disorder. Aug 1, - Hi all, I'm a new member here, but I've been bipolar all of my life. Just a quick intro, I'm a recently married 28 year. Bipolar patients often find relief in Xanax, but this anti-anxiety drug is addictive and can exacerbate their condition. Dec 21, - Xanax is an anti-anxiety drug approved by the FDA for treating Generalized Anxiety Disorder and Panic Disorder. It and its generic version, alprazolam, are also often prescribed off-label for people with bipolar disorder, even if they don't have those specific anxiety disorders as well, usually to treat anxiety. Oct 5, - Bipolar disorder (formerly called manic depression) is a kind of brain disorder; medical professionals frequently regard it as an irregular sleep-wake syndrome. In other words, it is considered that people suffering from this disease feel the time not in the way as the other healthy individuals do. Most often. Aug 16, - NIMH states that Bipolar Disorder is an affliction that affects million Americans. A variety of treatments have been tried to subdue the disorder and make it manageable for the sufferer and his family. This article will explore the use of Xanax with Bipolar Disorders I and Bipolar Disorder II. Bipolar I. Sep 19, - My husband is bipolar, the kind that rapid cycles with mixed episodes. He has convinced the family doctor (not his psychiatrist) that he needs xanax for "panic attacks" which he does get every few months. Approximately percent of American adults have bipolar disorder (formerly called manic depression and manic depressive disorder), according to the National Institute of . For example, Xanax (alprazolam), a fast-acting benzodiazepine, typically is taken for two weeks before mood-stabilizing medication starts to work. Apr 22, - Collaborate effectively with primary care physicians and psychiatrists in the treatment of patients with bipolar disorder. ... Stage One: As mentioned above, antipsychotic medications and benzodiazepines (with the one exception of Xanax which can aggravate mania) are the best medications for treating.